

One of the highest accreditations for the food industry, for safety & standards



James Knight
OF MAYFAIR



Work in partnership with The Craft Guild, of chefs in development of young chefs,

Quote of the month: May the holes in your net be no larger than the fish in it. ~ Irish Blessing ~

Welcome, to James Knights Of Mayfair, Monthly landings update, for more information please contact me direct....

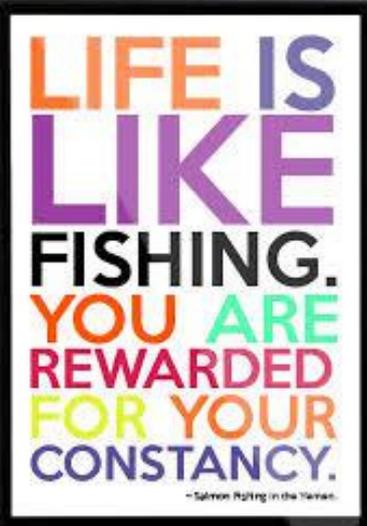


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	Fish	Landing Updates	Origin / Waters	MCS Rating	Catch Method
	Black Bream	Limited fish available during Febuary but can sometimes be caught as bi catch at this time of year. Usually seen early spring and into summer when at their most prevalent and targeted.	English channel, Irish Sea	3	Rod & Line
	Brill	Good availability but can be relatively expensive prior to summer months. Fish will generally be seen in the western EC and will be good quality.	English Channel, North Sea	3-4	Line, Net Caught
	Cod	Good supply and lower, more stable prices on all size fish and fillets. Definitely one for the new season menu.	Norwegian Sea, North Sea	2	Line, Net Caught
	Cuttlefish	Availability can be a little difficult at this time as cuttlefish traps are generally set around early spring (April). Fish tend to swim around deeper water at this time and would normally come from the larger trawlers in the channel.	English channel	4	Trap, Trawl
	Dover Soles	There should be decent supply of Dovers available from the EC, and at a relatively competitive price. Currently good quality fish are still available, but watch for roes later in the month as spawning season is round the corner.	English Channel, North Sea	2	Line, Net Caught
	Gilt Head Bream	Good supply on all available sizes. No issues are forecast in supply.	Farmed	4	
	Gurnard	Good quality red gurnard are available, albeit at a premium price prior to summer landings. Grey gurnards, the lesser favoured cousin should be more available during the spring months when landed by the NS trawlers.	Red: Channel Grey: North Sea	3	Trawl
	Haddocks	Good supply and lower, more stable prices on all size fish and fillets. Definitely one for the new season menu.	Nowegian Sea, North Sea, NE Atlantic	2	Line, Net Caught
	Hake	There will be stable supply during February with prices falling back to more recognised levels. Beside the New Year, the weather has played a major impact on landings as high percentages of fish are landed in Scotland.	NE Atlantic	3	Trawl, Net, Longline
	Halibut	Can be a little unstable over February although early spring can sometimes witness good line-caught fish from the Norwegian sea and fjords. Farmed are available in limited sizes with larger fish more scarce than their smaller variety. Consider Gigha Halibut as a premium substitute.	Norway, North Sea	Unclassified	Line Caught
	John Dory	There will be some available fish throughout February although prices will be subject to a premium prior to summer.	English Channel, North Sea	3	Net Caught Trawl
	Lemon Sole	Prices will remain quite high during February although supplies should be far improved to what they are at present. Although expensive there will be good quality fish from the NS trawlers in addition to the premium EC catch.	English channel, North Sea	3	Net Caught Trawl
	Ling	Should be available in batches from Scotland and English NS fleet.	NE Atlantic	4	Longline, Trawl
	Mackeral	Good availability from Scotland although most fish will be of the trawled variety. Small quantities of EC fish will be landed through gill net although as expected these will fetch a little more than the above. Prices average.	North Sea, English Channel	2	Handline, Net Trawl
	Monkfish	Fish will be available and in good quantities. I expect prices to reduce and stabilise beginning of March, ready for a good supply in spring and summer.	North Sea, English Channel	4	Trawl Net
	Plaice	Available but prices still a little high. Watch for roes on the SC fish as spawning season is very near. Icelandic will be better quality, especially flown-in as roes appear later and presence of more males than females.	North Sea, English Channel	3	Trawl net
	Pollock	Should be available from February. Good quality fillets and whole fish up to 3-4k. Expect prices may fall based on supply. One for the seasonal menu.	North Sea, English Channel	3	Trawl, Net, Handline
	Skate	All fish should be available but in low quantities. Very unsustainable due to overfishing and slow maturity rates so avoid if you can. Fishing banned from some areas of the UK but some Irish Sea 'blondes' are available.	South Coast	5	All Methods

	Salmon	Slight increases expected for February, although an increasingly good exchange rate could counter some increases demanded by the farmers.	Farmed	3	
	Sardines	Should remain fairly stable but expect prices to increase later in the month.	English Channel	2	Net Caught
	Stone Bass	No issues forecast.	Farmed	Unclassified	
	Swordfish	Supply should remain fairly stable this month but the ripples of the Sri Lankan fishing ban remains to be felt. Expect price increases of approximately 10-15%.	Indian Ocean	3	Longline
	Squid	No issues forecast. Supplies of inshore EC fish are available as well as the NS trawled variety.	NE Atlantic	3-4	Trawl, Jigged
	Tuna	Supply should remain fairly stable this month but the ripples of the Sri Lankan fishing ban remains to be felt. Expect price increases of approximately 10-15%.	Indian Ocean	3	Pole & Line
	Turbot	Very poor supplies are generally associated with late winter, and prices, if available, will be very high. Better in mid-spring.	English Channel, North Sea	3-4	Line & Net Caught
	Whiting	Good availability of NS landed fish throughout February.	NE Atlantic	2	Trawl



Our Customers Count:

James Knight Of Mayfair has traded for over 100 years in London, and still has strong independent values & beliefs, of how your fishmonger should work, being flexible, available when you need us, ready to respond and work with you at short notice, as you grow your business, and change your menus. Only our portfolio of existing customers, can demonstrate our strengths, and success story for the future, with your support, think local, believe independent..

Based Central London, Daily Delivery 6 days. Independently Owned, Personal Contact, Back Up Delivery, Daily Local Landings

I would like to thank the following team members, for their contributions, in updating this report each month

- Jason - Expert knowledge in sourcing our fish & seafood
- Dan - Technical support and sustainable updates
- John - Seasonal requirements for key accounts

"James Knight has consistently proved it's able to meet the demands of our 5 Star hotel. They have assisted us in promoting British seasonal produce for the Park Terrace & Banqueting, whilst working with the Min Jiang restaurant to source products that are ideal for authentic Chinese cuisine. This is not withstanding the valued support they offer as a Craft Guild of Chefs business partner."

Steve Munkley, Executive Head Chef – Royal Garden Hotel & Vice President